
Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!



**Don't forget to register for this month's
events!**

**Don't Miss Our Upcoming Public
Lecture with Dr. Michael J. Corley!**

Date: January 22, 2025

Time: 4:00 PM – 5:00 PM

Location: Zoom (virtual event)

Join us for an insightful lecture featuring **Dr. Michael J. Corley**, UC San Diego Associate Professor in the Division of Geriatrics, Gerontology & Palliative Care.

About the Speaker:

Dr. Corley's groundbreaking research bridges epigenetics, immunology, infectious diseases, and aging. His global research program focuses on the intricate interplay between the immune system, viruses, and the aging process. With cutting-edge discoveries, his lab is advancing novel biomarkers

and therapeutics aimed at promoting longevity.

Event Highlights:

- **Lecture:** Learn from Dr. Corley’s expertise in aging and epigenetics.
- **Q&A Session:** Get your questions answered directly by a leader in the field.

Register Now: Don’t miss this chance to explore the science shaping the future of healthy aging.

We look forward to seeing you online!



The graphic features a circular portrait of Dr. Michael J. Corley on the left. To the right, the text reads "PUBLIC LECTURE" in large yellow letters, followed by the title "“DECODING THE DARK SIDE OF THE HUMAN GENOME: HOW ANCIENT VIRUSES SHAPE AGING”" in blue. Below the title, it says "Please join us for a lecture with UC San Diego Associate Professor in Medicine, Dr. Michael J. Corley. Q & A to follow." At the bottom, there are three icons: a clock for "4pm-5pm", a calendar for "Wed, Jan 22", and a location pin for "Zoom". A yellow button labeled "Register Here" is positioned at the bottom center. The UC San Diego logo and "Center for Healthy Aging Stein Institute for Research on Aging" are in the top right corner.

PUBLIC LECTURE

“DECODING THE DARK SIDE OF THE HUMAN GENOME: HOW ANCIENT VIRUSES SHAPE AGING”

Michael J. Corley, PhD

Please join us for a lecture with UC San Diego Associate Professor in Medicine, Dr. Michael J. Corley. Q & A to follow.

4pm-5pm Wed, Jan 22 Zoom

[Register Here](#)

Join Us for “Aging Creatively” at the Museum of Contemporary Art San Diego

Date: January 30, 2025

Time: 4:00 PM

Location: Museum of Contemporary Art San Diego

Discover the transformative power of art and aging at this special event co-hosted by the UC San Diego Stein Institute for Research on Aging and the Museum of Contemporary Art San Diego

Event Highlights:

- **Panel Discussion:** Engage with experts exploring the intersection of art, aging, and the museum experience.
- **Museum Tour:** Dive into the art that inspires vitality and creativity.
- **Reception:** Connect with like-minded individuals in a vibrant setting.

Learn how the Vitality Arts Program is enriching lives by empowering older adults through creative expression.

Reserve Your Spot Now: Don't miss this opportunity to celebrate the joy and innovation of aging creatively!

We can't wait to see you there!



WHEN: JANUARY 30TH 2025
BEGINS AT 4:00PM

WHERE: MCASD
700 PROSPECT ST
LA JOLLA, CA 92037

Please join us for this unique event presented in collaboration between the UC San Diego Stein Institute for Research on Aging and the Museum of Contemporary Art San Diego. This event will feature a thought-provoking panel discussion on the intersection of art, aging, and the museum experience, followed by a tour of the Museum and a reception. The panel will showcase the meaningful work being done by both organizations, supported by the Vitality Arts Program, to explore how art can engage, empower, and enrich the lives of older adults.

SCHEDULE OF EVENTS

4 PM - 4:10 PM WELCOME AND INTRODUCTION
4:10 PM - 5 PM PANEL CONVERSATION

PANELISTS:

KHAI NGYUEN MD, MHS CLINICAL SERVICES CHIEF, HEALTH SCIENCES – CLINICAL PROFESSOR, AND UCSD DIVISION OF GERIATRICS, GERONTOLOGY, & PALLIATIVE CARE

KATHRYN KANJO, THE DAVID C. COPLEY DIRECTOR AND CEO AT THE MUSEUM OF CONTEMPORARY ART SAN DIEGO

MODERATOR:

DANIELLE GLORIOSO, LCSW

5 PM - 5:15 PM Q AND A
5:25 PM - 6 PM TOUR MCASD GALLERIES
6 PM REFRESHMENTS

UC San Diego
SAM AND ROSE STEIN INSTITUTE
FOR RESEARCH ON AGING

m c a s d
Museum of
Contemporary Art
San Diego

[Register Here](#)

Call for Volunteers

Healthy Volunteers Needed

We are conducting a research study to understand how the brain processes information during healthy aging

To Qualify, You Must Be:

- 50 - 83 years old
- In generally good health

Participants Receive:

- Transportation to and from our facility at no cost
- \$15/hour, up to \$75
- Meals and snacks at no cost

Appointments are in our facility located at the UCSD Medical Center, Hillcrest

Call us Monday through Friday between 9 am - 4 pm or email us any time

619-471-9455

AlzheimerStudy@health.ucsd.edu

Summary of the Study:

- Complete a series of problem-solving tests
- EEG testing in which brain electrical activity is measured
- Visits are no longer than 5 hours



[Email to Volunteer](#)

Know a Successful Ager?



At the Stein Institute for Research on Aging we like to highlight the stories and lives of successful agers in our community. Successful agers are those that continue to engage in activities that are meaningful and have

found ways to adapt to challenges as they age. If you know of someone that you think we should spotlight please email Sasha Weiss at saweiss@health.ucsd.edu to nominate them!

Announcement: Our "Aging is Beautiful" t-shirts are back!

Back by popular demand!!!

**"Aging is Beautiful"
T-shirts for a \$35
donation**



UC San Diego
SCHOOL OF MEDICINE
Stein Institute for Research on Aging
Center for Healthy Aging

**If interested,
please email
healthyaging@ucsd.edu**

Aging
is
Beautiful

Resilience, Compassion and Self-Compassion Program available for License



After nearly a decade of research and development led by our Executive Director, Danielle K. Glorioso, LCSW, we are pleased to announce that Resilience Intervention is now licensed and available for use in community settings as well as for further research. This manualized evidenced-based 6-week program is designed to enhance resilience, compassion, and self-compassion among older adults, and has been tested and validated with numerous community dwelling older adults as well as a variety of other settings and populations. For more information, please contact Danielle Glorioso at dglorioso@health.ucsd.edu

If you are interested in learning more about the program, please contact us at healthyaging@health.ucsd.edu



We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support **the pursuit of a healthier, longer life for you and your loved ones**. Please **make a gift** to help sustain and expand our successful aging programs.

[GIVE NOW](#)



[Visit our website](#)

UC San Diego Center for Healthy Aging | 9500 Gilman Drive 0664 | La Jolla, CA 92093 US

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