

A.I. & HEALTHY AGING: ADVANCING HEALTH & LONGEVITY

SYMPOSIUM AGENDA

UC San Diego

SAM AND ROSE STEIN INSTITUTE
FOR RESEARCH ON AGING

Date: September 24, 2026

Time: 9:30 a.m. – 4:00 p.m.

Location: Park and Market, UC San Diego

9:30 – 10:30 a.m.

OPENING SESSION

Welcome

John M. Carethers, MD

Vice Chancellor, UC San Diego Health Sciences

Opening Remarks

Danielle K. Glorioso, LCSW

Executive Director, Stein Institute for Research on Aging and
UC San Diego Center for Healthy Aging

**How AI Is Reshaping
Health, Independence,
and Trust**

Alison A. Moore, MD, MPH, FACP, AGSF

Director, Stein Institute for Research on Aging and
UC San Diego Center for Healthy Aging

**Targeting Healthspan:
The XPRIZE Partnership**

Anthony J.A. Molina, PhD

Scientific Director, Stein Institute for Research on Aging and
UC San Diego Center for Healthy Aging

10:30 – 11:15 a.m.

KEYNOTE LECTURE 1: ADVANCING HEALTHY AGING AND DIGITAL CARE WITH APPLIED HEALTH INTELLIGENCE

Amy Sitapati, MD

Chief Medical Information Officer, Population Health; Clinical Professor of
Medicine, Division of Biomedical Informatics & General Internal Medicine

11:15 – 11:30 a.m.

BREAK: SPONSOR BOOTH VISIT

11:30 – 12:15 p.m.

PANEL 1: AI FOR HEALTHY AGING: SUPPORTING INDEPENDENCE AND QUALITY OF LIFE

Moderator:

Ian Neel, MD

Associate Clinical Professor, Division of Geriatrics, Gerontology and Palliative Care

Panelists:

Emily (EB) Sladek, MD

Chief, VA San Diego Healthcare System, Geriatrics Section

Associate Professor, Division of Geriatrics, Gerontology and Palliative Care

Quelda M. Wilson, PhD

Community Member

Yoshimi (Iyadomi) Shinohara

Founder and Chair, emCHIKARA

Chair, Shinohara Foundation

12:15 – 1:00 p.m.

BREAK: LUNCH BOXES - GLUTEN FREE / VEGETARIAN / VEGAN

Sponsor Booth Visit & Poster Presentations

1:00 – 1:45 p.m.

KEYNOTE LECTURE 2: THE LAST MILE OF LONGEVITY SCIENCE: WHY WHAT WE KNOW ABOUT AGING WELL KEEPS STOPPING SHORT OF THE KITCHEN TABLE

Jeffrey Egler, MD

Chief Medical Officer, Noom

1:45 – 2:30 p.m.

PANEL 2: TRUSTING AI: PRIVACY, ETHICS, AND STAYING CONNECTED

Moderator:

Steven Hornberger, MSW

Co-Director, SDSU Center for Excellence in Aging & Longevity (CEAL)

Panelists:

Fred Davis

Community Member

Marlene Millen, MD

Professor of Medicine, UC San Diego

Chief Medical Information Officer, UC San Diego Health

Camille Nebeker, EdD, MS

Adjunct Professor, Herbert Wertheim School of Public Health & Human Longevity Science

2:30 – 3:00 p.m.

BREAK: LIGHT REFRESHMENTS & POSTER SESSION

Poster Presentations by UC San Diego Students, Trainees, and Junior Faculty

3:00 – 3:45 p.m.

PANEL 3: AI AND HEALTHCARE: FROM PREVENTION TO PRECISION MEDICINE

Moderator:

Lisa T. Eyler, PhD

Director, Center for Empathy and Compassion Training in Medical Education

Panelists:

Aaron Boussina, PhD

Assistant Adjunct Professor, Division of Biomedical Informatics

Rodney Gabriel, MD, MAS, FASRA

Professor, Anesthesiology

Clinical Director of Anesthesiology, Koman Outpatient Pavilion, Anesthesiology

Director, Division of Perioperative Informatics, Anesthesiology

Nadir Weibel, PhD

Professor In Residence, Computer Science and Engineering

3:45 – 4:00 p.m.

CLOSING SESSION

**Poster Awards
Announcement &
Closing Remarks**

Danielle K. Glorioso, LCSW

Executive Director, Stein Institute for Research on Aging and
UC San Diego Center for Healthy Aging