

# HEALTHY LONGEVITY SYMPOSIUM AGENDA

UC San Diego

Center for Healthy Aging  
Stein Institute for  
Research on Aging

Date: October 6, 2023

Time: 9:30 a.m. – 4:00 p.m.

Location: Park and Market, UC San Diego

9:30 - 10:30 a.m.

## OPENING SESSION

### Welcome

John M. Carethers, MD  
Vice Chancellor, UC San Diego Health Sciences

### Opening Remarks

Alison A. Moore, MD, MPH, FACP  
Interim Director, UC San Diego Center for Healthy Aging

### Healthy Longevity

Anthony J.A. Molina, PhD  
Interim Scientific Director, UC San Diego Center for Healthy Aging

10:30 - 11:15 a.m.

## KEYNOTE LECTURE 1

### Social and Societal Implications

S. Jay Olshansky, PhD  
Professor, University of Illinois at Chicago

11:15 - 11:30 a.m.

## BREAK AND BOOTH VISIT

11:30 - 12:15 p.m.

## PANEL 1: DRIVERS OF HEALTHY LONGEVITY

### Moderator:

Suzi Hong, PhD  
Professor, UC San Diego Herbert Wertheim School of Public Health  
and Human Longevity Science

### Panelists:

Cheryl Anderson, PhD, MPH  
Professor and Dean, Hood Family Endowed Dean's Chair in Public  
Health & Herbert Wertheim School of Public Health and Human  
Longevity Science

Andrea La Croix, PhD  
Distinguished Professor of Epidemiology, UC San Diego Herbert  
Wertheim School of Public Health and Human Longevity Science

Nicolas Musi, MD  
Vice Chair, Translational Research Cedars-Sinai, Medicine

12:15 - 1:00 p.m.

## BREAK - LUNCH BUFFET

Visit Sponsor Booths & Posters by UC San Diego Students, Trainees,  
and Junior Faculty

1:00 - 1:45 p.m.

## KEYNOTE LECTURE 2

### **The New Map of Life**

Laura Carstensen, PhD  
Founding Director, Stanford Center on Longevity,  
Professor of Psychology, Stanford University

1:45 - 2:30 p.m.

## PANEL 2: INTERVENTIONS FOR HEALTHY LONGEVITY

### **Moderator:**

Alison A. Moore, MD, MPH, FACP

### **Panelists:**

Steve Cummings, MD  
Executive Director, San Francisco Coordinating Center, CPMC  
Research Institute Professor of Medicine, UC San Francisco

Steve Hornberger, MSW  
Director of Social Policy Institute and Co-Director of the Center of  
Excellence in Aging & Longevity (CEAL), San Diego State University

Judy Pa, PhD  
Co-Director, Alzheimer's Disease Cooperative Study, Professor of  
Neurosciences, UC San Diego

2:30 - 3:00 p.m.

## BREAK - SNACKS AND POSTER SESSION

Poster Presentations by UC San Diego Students, Trainees,  
and Junior Faculty

3:00 - 3:45 p.m.

## PANEL 3: RESILIENCE AND AGING

### **Moderator:**

Lisa Eyler, PhD  
Professor of Psychiatry, UC San Diego

### **Panelists:**

Colin Depp, PhD  
Director of Research Education and Training at the Clinical and  
Translational Research Institute  
Professor of Psychiatry, UC San Diego

Joe Garbanzos, MBA  
AARP - CA State President (volunteer)

Irving Tragen, JD  
Community Member, Distinguished Diplomat, Author

3:45 - 4:00 p.m.

## CLOSING SESSION

### **Announce Poster Awards and Closing Remarks**

Danielle Glorioso, LCSW  
Executive Director, UC San Diego Center for Healthy Aging