

# Healthy Longevity Symposium in one week!

# UC San Diego

Center for Healthy Aging  
Stein Institute for  
Research on Aging

Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

Interested in being a sponsor for our upcoming Symposium??  
Please email [dglorioso@health.ucsd.edu](mailto:dglorioso@health.ucsd.edu) for more information

# Healthy Longevity Symposium is in one week! We hope you can make it!

UC San Diego  
Center for Healthy Aging  
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## HEALTHY LONGEVITY SYMPOSIUM OF THE UC SAN DIEGO CENTER FOR HEALTHY AGING

### with keynote speakers

Laura Carstensen, PhD  
Director, Stanford Center on Longevity

S. Jay Olshansky, PhD  
Professor, University of Illinois at Chicago

### and many panel discussions

 **October 6, 2023**  **9.30 am - 4.00 pm**

 **Park and Market, UC San Diego**

This event is FREE  
- including food  
and parking!

HEALTHYAGING.UCSD.EDU

Please Register Here

## A Detailed Agenda for our In-person Symposium on Friday, October 6th

### HEALTHY LONGEVITY SYMPOSIUM AGENDA

Date: October 6, 2023

Time: 9:30 a.m. – 4:00 p.m.

Location: Park and Market, UC San Diego

UC San Diego  
Center for Healthy Aging  
Stein Institute for  
Research on Aging

9:30 - 10:30 a.m.

#### OPENING SESSION

**Welcome**

John M. Carethers, MD  
Vice Chancellor, UC San Diego Health Sciences

**Opening Remarks**

Alison A. Moore, MD, MPH, FACP  
Interim Director, UC San Diego Center for Healthy Aging

**Healthy Longevity**

Anthony J.A. Molina, PhD  
Interim Scientific Director, UC San Diego Center for Healthy Aging

10:30 - 11:15 a.m.

#### KEYNOTE LECTURE 1

**Social and Societal Implications**

S. Jay Olshansky, PhD  
Professor, University of Illinois at Chicago

11:15 - 11:30 a.m.

#### BREAK AND BOOTH VISIT

11:30 - 12:15 p.m.

#### PANEL 1: DRIVERS OF HEALTHY LONGEVITY

**Moderator:**

Suzi Hong, PhD  
Professor, UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science

**Panelists:**

Cheryl Anderson, PhD, MPH  
Professor and Dean, Hood Family Endowed Dean's Chair in Public Health & Herbert Wertheim School of Public Health and Human Longevity Science

Andrea La Croix, PhD  
Distinguished Professor of Epidemiology, UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science

Nicolas Musi, MD  
Vice Chair, Translational Research Cedars-Sinai, Medicine

12:15 - 1:00 p.m.

#### BREAK - LUNCH BUFFET

Visit Sponsor Booths & Posters by UC San Diego Students, Trainees, and Junior Faculty

1:00 - 1:45 p.m.

**KEYNOTE LECTURE 2****The New Map of Life**

Laura Carstensen, PhD  
 Founding Director, Stanford Center on Longevity,  
 Professor of Psychology, Stanford University

1:45 - 2:30 p.m.

**PANEL 2: INTERVENTIONS FOR HEALTHY LONGEVITY**

**Moderator:** Alison A. Moore, MD, MPH, FACP

**Panelists:** Steve Cummings, MD  
 Executive Director, San Francisco Coordinating Center, CPMC  
 Research Institute Professor of Medicine, UC San Francisco

Steve Hornberger, MSW  
 Director of Social Policy Institute and Co-Director of the Center of Excellence in Aging & Longevity (CEAL), San Diego State University

Judy Pa, PhD  
 Co-Director, Alzheimer's Disease Cooperative Study, Professor of Neurosciences, UC San Diego

2:30 - 3:00 p.m.

**BREAK - SNACKS AND POSTER SESSION**

Poster Presentations by UC San Diego Students, Trainees,  
 and Junior Faculty

3:00 - 3:45 p.m.

**PANEL 3: RESILIENCE AND AGING**

**Moderator:** Lisa Eyler, PhD  
 Professor of Psychiatry, UC San Diego

**Panelists:** Colin Depp, PhD  
 Director of Research Education and Training at the Clinical and Transitional Research Institute  
 Professor of Psychiatry, UC San Diego

Joe Garbanzos, MBA  
 AARP - CA State President (volunteer)

Irving Tragen, JD  
 Community Member, Distinguished Diplomat, Author

3:45 - 4:00 p.m.

**CLOSING SESSION****Announce Poster Awards and Closing Remarks**

Danielle Glorioso, LCSW  
 Executive Director, UC San Diego Center for Healthy Aging

**We hope you can attend!!**

**Please Register Here**



Ageism Awareness Day on Saturday, October 7, 2023, is an opportunity to draw attention to the existence and impact of ageism in our society and how we can reframe aging in our communities.

More about Ageism Awareness Day



## We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support **the pursuit of a healthier, longer life for you and your loved ones**. Please **make a gift** to help sustain and expand our successful aging programs.

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